

# The Lion's Roar

The official online newspaper for  
Middletown High School North



Class of 2020 Senior Edition

June 18, 2020

## 2020 Seniors Will Not Let Covid 19 Define Their Time at MHSN



By Lion's Roar Staff

During the end of February, the Covid-19 virus was making news in the United States and the number of people impacted was increasing. The realization that a school shut down might happen was starting to build momentum in Middletown Township. Within two weeks, the Middletown High School North community saw this rumor become reality when the district closed all schools and went to virtual classrooms. This measure was implemented in order to be proactive and protect students from exposure to the Covid-19 pandemic that has impacted the world.

So what did this mean for MHSN? It meant that many things were going to change for the student body and the class of 2020. It meant that many planned activities were going to be cancelled, athletic seasons were going to be put into doubt and many of the highly anticipated senior activities were facing the likelihood of not happening. This, however, did not break the spirits of the senior class. It actually united them into leading the wave of positivity and perseverance.



Senior Jack Costigan gives some inspiring words during the #staypositive video.

The senior cabinet of Middletown High School North's Student Government created a nine minute video focusing on the message "#staypositive".

Each senior cabinet member led by President Jack Costigan and Vice President Sean Mahoney incorporated a creative message playing on popular catch phrases from movies and television shows.

The creative video not only featured humor, but also defined the heart and determination of the class of 2020. The senior class has continued to find ways to inspire and take a positive outlook on this difficult time. Some seniors have been involved in the 2020 MTPS Time Capsule Challenge led by Lisa Lippincott, while others have continued to celebrate their college acceptances and future plans with a great deal of pride.



The MTPS Time Capsule Challenge is a very creative way to capture 2020.

So many wonderful things have continued to happen during the last three months, including the NJ Seal of Biliteracy which recognizes students who demonstrate an ability to speak, read, comprehend and write in two or more languages at a high level of proficiency. This virtual celebration honors the 32 #MTPSpride seniors who recently earned theirs including 20 from Middletown High School North.



Mrs. Fiore and Senior Sean Mahoney celebrate the senior's acceptance to the University of Delaware.



Senior Ashley Herbert proudly displays her acceptance to Sacred Heart University.

Artistic seniors such as Michaela Foley continue to inspire with their positive energy and great messages to not only the current MHSN students, but to the incoming classes for years to come. Michaela created her "Make it a Great Day" themed mural to promote the #staypositive message.



Senior Michaela Foley sits proudly in front of her freshly painted "Great Day" mural

One can't help, but notice the pride and desire that this class has exhibited. Driving around Middletown citizens can see the messages of support, unity and community. Seniors are still decorating the outside of their homes with banners and yard signs. Businesses that are open have messages showing their support to the MHSN student body. Even though the class of 2020 was put in a unique situation due to COVID-19, this group of future leaders has risen to the challenge and has vowed to leave MHSN with their heads held high. Congratulations to the Middletown High School North class of 2020.



## Middletown High School North's Graduation to be Hosted Virtually



On June 18, the Middletown High School North Class of 2020 Graduation ceremony will be hosted virtually on multiple platforms. This will be a unique ceremony in comparison to the last five that have been held at the OceanFirst Bank Center in West Long Branch, NJ. This ceremony will culminate the four years of hard work and dedication that this senior class has exemplified. Valedictorian Jada Tulloch will be addressing her classmates with a heartfelt and inspirational send off. This year's senior class features 348 students who have met all of the state requirements for graduation.



## High School Students Honored for Academic Achievements



On November 20, 2019, Middletown Township District administrators, the Board of Education and Superintendent of Schools, William O. George III, Ed. D., recognized Jada Tulloch and Jonathan Rasnitsyn of Middletown High School North as 2020 National Merit Program Commended Scholars.

Those students were also included in the group of 73 district high school students that were honored for achieving recognition on one or more advanced placement exams. These exams concluded courses that offer college-level curricula to our students.



## Senior Instagram Page Commemorates Class of 2020



To celebrate the seniors and make them feel special and important during this unprecedented time, Senior Class Adviser Ms. Paige Friedland, alongside student Corrine Meinsen (12), created an Instagram account where seniors were highlighted through pictures accompanied by individualized posts. The account was appropriately named @middnorthseniors.

Teachers were asked to fill out a spreadsheet with "shoutouts" to seniors they would like to recognize or compliment in lieu of signing student yearbooks. The goal was to get several teachers to recognize each senior student. Teachers were also asked to include their names at the end of each of their messages so the messages could be properly attributed to them. Seniors were asked to share individual pictures, as well as their plans after graduation, best high school memory and pictures from their high school years.

The Lion's Roar spoke with Ms. Meinsen about the instagram account. When asked how she came up with the idea, Meinsen stated, "I had seen similar pages on Instagram, but with the help of Ms. Friedland, I expanded on the idea of the page by adding other aspects, the personalized posts along with extra

## Congratulations



MHSN Class of 2020!

pictures/memories and the teachers' comments. I wanted to highlight each student's achievements in a creative way. This is what made the page different from the others, making it more like a virtual yearbook rather than just another instagram page!"

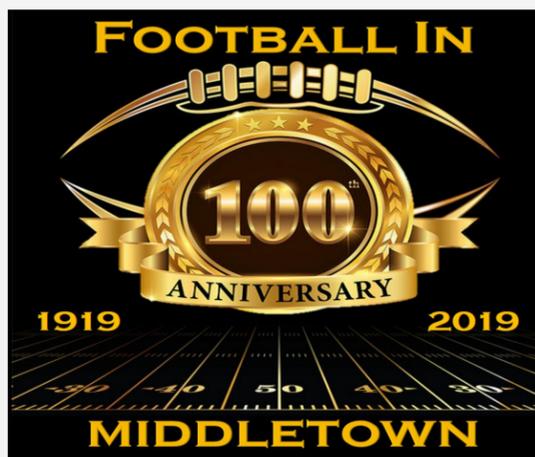


According to Meinsen, the mission of the page was "to commemorate the Class of 2020 by sharing everyone's post-high school plans and looking back on the time we all shared at Middletown North. The teachers' comments served as a way to still get the signatures from our favorite teachers that we would normally get at the end of the year that we can no longer receive. The page was an outlet for teachers and fellow students to acknowledge the class' accomplishments and close out this chapter of our life story."

The instagram page was an extremely successful initiative. The seniors were grateful to receive such kind words from their teachers and they looked forward to reading through the posts each day. Meinsen added, "Since running the page, I have noticed that the school, including teachers, seniors, parents and underclassmen, came together as a community more than ever. Although we are living through challenging times, the North family never lost its spirit and continued to encourage and congratulate the senior class." Once again, students and staff at MHSN proved that they are #AllInAllTheTime!



## Proud Middletown Alumni Enjoy 100 Years of Football Celebration



On October 25, 2019, Middletown High School North hosted the “100 Years of Football in Middletown” celebration prior to the home game against Mater Dei Prep. It was in 1919 that Middletown Township High School embarked on its first year of playing football at the high school level. The pride and tradition that season created still exist today at Middletown High School North, Middletown High School South and Mater Dei Prep.



The free, informal gathering was open to all former gridders and cheerleaders who attended any high school in Middletown. The original school was affectionately known as Leonardo High School before being recognized as Middletown Township High School (MTHS) in the early 1950's. Overcrowding at the school on Tindall Road resulted in the need for two high schools. In the fall of 1976, the school split and Middletown High School South and Middletown High School North were an outgrowth. Mater Dei High School started



**Middletown Alumni Pose for Group Photo During the Alumni Meet and Greet.**

playing football in 1963. In honor of this milestone, the celebration of the Centennial was held from 4:45 pm until 6:45 pm in the Wall of Champions area in the gymnasium at Middletown High School North.

Following the gathering, all alumni were introduced at midfield prior to the coin toss of the Mater Dei Prep versus Middletown North football game. Included among the attendees were football players and cheerleaders from as far back as 1943!



**Former players from all Middletown high schools are recognized during the October 25 football game featuring Middletown North hosting Mater Dei.**

Many Middletown greats came to take part in the festivities including the following: Pat Toland, John Werner, John Kane, Ken Freshnock, Paul Frisco, Chris Barnes, Bill Parulis, Don Cerbone, Joe Little, Nick Trezza, Mahaki Burns, Coach Kleva, Dave Sheehan, Bryan Kernan and many more. The event was a huge success and many people played a critical part in making this wonderful celebration happen.



**RICH TRADITION: Rich Toland, Mahaki Burns and John Oxley were key members of MHSN Championship Teams.**



**Past and Present cheerleaders celebrate the 100 Years of Football in Middletown celebration.**



**Coach Kleva and Jim Guerrieri share a special moment.**



**Some of the Coaches from Middletown's proud football history take a group photo.**

Ray Veth, a Middletown Township graduate from 1970 and star football player, created the idea and put together a committee to launch the event. Members included Bob Foxworth, Jon Scala, Rich Toland, Mike Galos, Craig Letts, Coach Tirpack, Larry McKnight, John Cahill, Mike Corley, Don Ayers and many other contributors.



**Former Middletown Township High School star football players John Kane and Ray Veth share some stories.**

On display were vintage photos, football uniforms and memorabilia dating back to the 1920's. Guests were also encouraged to bring their own memorabilia and share it at the gathering. Rich Toland put together a wonderful 30-minute video presentation that the alumni of all of the high schools thought was fantastic.



**Joe and Nick Trezza share a wonderful moment.**

The greatest moment of the night was seeing the happiness and smiles that all of the alumni were sporting in seeing old teammates, friends and, in some cases, opponents. The night was documented by the great photography of Kevin Prefer, Madi Gibbon and AJ Purcell and a film that highlighted the night can be accessed by visiting:

[https://www.wevideo.com/view/1496038611?fbclid=IwAR2NCktWp88wWIHQBsWBtRBpbhOH\\_Tx\\_Wbu0LD4n9u03AAxVCmOKBGpyi4Wg](https://www.wevideo.com/view/1496038611?fbclid=IwAR2NCktWp88wWIHQBsWBtRBpbhOH_Tx_Wbu0LD4n9u03AAxVCmOKBGpyi4Wg)



# STAFF HEROES

The Lion's Roar 2020 Middletown High School North Seniors



**Ava Costa**

I am currently a senior at Middletown High School North. This is my first year writing for the Lion's Roar. I also serve on the Senior Council and am on the Mock Trial team. In my free time, I enjoy writing and volunteering. I look forward to attending college with an intended major in Communications.



**Katie Cofone**

This is my first year writing for the school newspaper. I enjoy writing about current events in our school. I also enjoy covering events in Middletown. After high school, I want to attend an in-state college, such as Stockton, Montclair or TCNJ. I am also a member of the Yearbook Club, Girls Swim Team and Outdoor Track.



**Anna DiBrita**

I am currently a senior at Middletown High School North and this is my fourth year as part of the Lion's Roar staff. I also have been part of the soccer program as well as Student Government, Heroes and Cool Kids, Spanish Honor Society and NEW2. I love making a difference in my community and I believe newspaper gives me a voice to share with everyone how special Middletown High School North is.



**Ryan Fallon**

This was my third year writing for the Lion's Roar. I enjoy writing about a variety of topics including movies, music, television shows and other relevant news. I really liked being a part of the Lion's Roar during my time at Middletown High School North.



**Michaela Foley**

This is my second year writing for the Lion's Roar. I enjoy writing about things going on in the school as well as the community. I was a captain for the cheerleading squad, an officer in Student Government, member of National Honor Society and GLP3. I really enjoyed my time writing for the Lion's Roar.



**Aimee Meola**

This is my first year writing for the Lion's Roar. I enjoy writing about things going on in the school and the community. I also like writing about sports. I plan to pursue a career in Broadcast Journalism in the future. I am also a member of Civic Leadership.



**Dean Simon**

I've been writing for the Lion's Roar for two years and I enjoy writing sports-related articles. After high school, I intend to pursue a career in journalism. I will be studying Communications at Brookdale Community College.



**Grace Sobel**

I have been part of the newspaper club for three years. I was also a member of Student Government and Civic Leadership, as well as the cheerleading and lacrosse teams at North. I will be attending the University of Maryland in the fall, majoring in biology pre-med with plans to pursue a career in the medical field. I will miss Middletown North and everything it had to offer. Once a lion, always a lion.



**Frankie Wendling**

I'm currently a senior at Middletown High School North and this is my second year being a part of the Lions Roar. I'm also a member of Heroes and Cool Kids, Civic Leadership and Key Club. I played for the Varsity Ice Hockey team. I take pride in being not only a lion, but also in writing for the Lion's Roar and look forward to what the future holds.



**Thank You and  
Congratulations  
to the  
2020  
Middletown  
High School North  
Lion's Roar  
Senior Members!**

**Best of Luck!**

**Mrs. VanEtten  
and  
Mr. Scala**

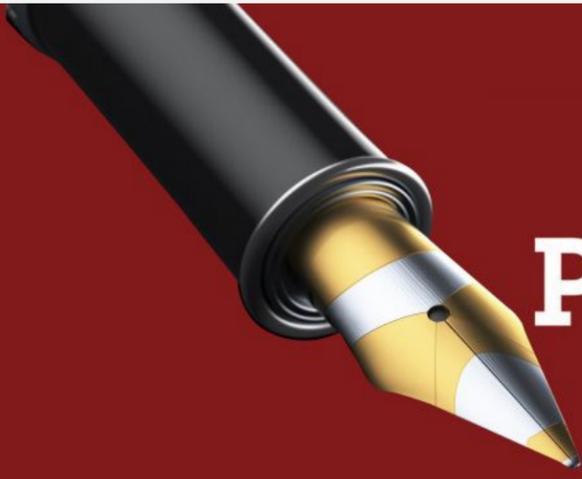




## The Middletown High School North Senior Class of 2020

1	Peter	Abbes	51	Ian	Cochrane	101	Edward	Farrell
2	Janina	Abeal	52	Katherine	Cofone	102	Edward	Fay
3	Braun	Adubato	53	Angelina	Cohen	103	Cherie	Ferranto
4	Austin	Alberto	54	Kayla	Conery	104	Aiden	Ferreira
5	Anthony	Alfano	55	Joseph	Connors	105	Nicholas	Ferreira
6	Makayla	Allen	56	Matthew	Conway	106	Luke	Ferrell
7	Ashlyn	Anderson	57	Allison	Conwell	107	Connor	Finck
8	Autumn	Anderson	58	Andrew	Cooke	108	Liam	Finn
9	Fra' Shawn	Anderson	59	Andrew	Cooke	109	Ryan	Fisher
10	Maryn	Anderson	60	Matthew	Corella	110	Sarah	Fishman
11	Taylor	Anderson	61	Digna	Cortez-Linares	111	Zachary	Fleming
12	Tacy	Andrews	62	Ava	Costa	112	Jared	Fligor
13	Peter	Angelucci	63	Joseph	Costigan	113	Michaela	Foley
14	Nicholas	Araneo	64	Lillie-Beth	Cunha	114	Michael	Frazee
15	Enrico	Astorino	65	Joseph	Cusanelli	115	Patrick	Fuchs
16	Chad	Bacek	66	Maxwell	Cusson	116	Samantha	Fuertes
17	James	Barclay	67	Isabella	D'Errico	117	Karla	Garcia
18	Dylan	Barlok	68	Liam	Dacey	118	Justine	Gardella
19	Nicholas	Bashore	69	Jan Inreb	Dacillo	119	Peter	Gauld
20	Amanda	Bazuk	70	Kristen	Daly	120	Brayden	Gazette
21	Ryan	Berenger, Jr.	71	James	Davis	121	Larry	Gearl, Jr.
22	David	Betancourt Hernandez	72	Daniel	De Freitas	122	Ashley	Gebhardt
23	Emily	Betz	73	Corinne	DeGeorge	123	Caleb	Gent
24	Sierra	Bishop	74	Stephen	Delahanty	124	Anthony	Gerardi
25	Ryan	Black	75	Andrew	DeMedici	125	Jonathan	Giglia
26	Adrian	Bolanos-Carrera	76	Sara	Deuidicibus	126	Amanda	Gilch
27	James	Booth	77	Frank	DiBari	127	Emily	Godley
28	Mia	Botti	78	Anna Maria	DiBrita	128	Joshua	Gonzalez
29	Leah	Briggs	79	Amanda	Dice	129	Hailey	Grabowski
30	Tyler	Brown	80	Michael	Doherty	130	Keilah	Granito
31	Jarett	Buonsante	81	Patrick	Donohue	131	Lauren	Grano
32	Patryk	Burdzy	82	Taylor	Dorney	132	Anyca	Gross
33	Joseph	Burke	83	Kaitlin	Dowd	133	Michael	Gross
34	Jessica	Buron	84	Shane	Doyle	134	Gianna	Grosso
35	Caroline	Cahalan	85	Kate	Dressler	135	Keanie	Guerrero
36	Emily	Calabro	86	Matthew	Dulin	136	Michael	Guglielmo
37	Danielle	Caposello	87	Nicholas	Dundas	137	Emily	Haddad
38	Erica	Caposello	88	John	Dunleavy	138	Madison	Hallard
39	Lake	Cardinale	89	Michele	Dyson	139	Emily	Hayes
40	Ariana	Carey	90	Patrick	Edinger	140	Patrick	Hayes
41	Giana	Carofine	91	Sarah	Eid	141	Lauren	Heck
42	Jane	Carson	92	Madyson	Einhorn	142	Natalie	Heim
43	Owen	Castaner	93	Sarah	El Shawarbi	143	Ashley	Herbert
44	Brian	Cataldo	94	Veronica	Enny	144	Colby	Higgins
45	Aliza	Cawthon	95	Maggie	Evans	145	Nazih	Holley
46	Olivia	Cerbo	96	Kyle	Fairhurst	146	Alyssa	Horch
47	Jared	Chan	97	Robyn	Fairhurst	147	Matthew	Huber
48	Sean	Chupcavich	98	Christian	Falcone	148	Robert	Inzinna
49	Taylor	Cirigliano	99	Ryan	Fallon	149	Christian	Iosue
50	Matthew	Clampffer	100	Breanna	Farney	150	Denna	Jelvani

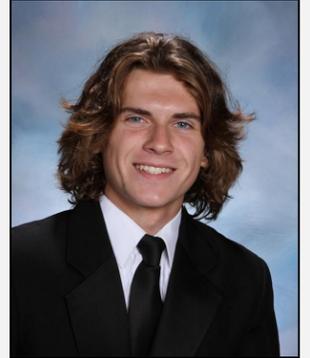
151	Kahlina	Johnson	218	Paula	Mendez Ferdinand	282	Justin	Saginer
152	Nalette	Jones	219	Aimee	Meola	283	Danica	Santiago
153	Quadeera	Jones	220	Jordyn	Milne	284	Raelynn	Santoro
154	Mackenzie	Kanach	221	Tristan	Moran	285	Kayla	Scalercio
155	Molly	Kanach	222	Mary	Morgan	286	Jason	Schaller
156	Ryan	Kane	223	Dharma	Mowatt	287	Collin	Schelling
157	Andrew	Kanski	224	Charles	Mulè	288	Cody	Schmidt
158	Maxwel	Kearney	225	Lucy	Muratore	289	Emily	Schopfer
159	Mackenzie	Kelly	226	Kyle	Nicholl	290	Jillian	Schwartz
160	Robert	Kelly	227	Ryleigh	Noonan	291	Anthony	Sclafani
161	Jared	Kern	228	Caitlin	North	292	Joseph	Sclafani
162	Aidan	Kiernan	229	Julia	Norton	293	Teresa	Scotto
163	Anthony	Klich	230	Allyson	O'Brien	294	Kyle	Sharkey
164	Tyler	Klinsky	231	Kevin	O'Brien	295	Aryan	Sharma
165	Jonathan	Koehler	232	Koby	O'Donnell	296	Lauren	Sherlock
166	Matthew	Koenig	233	Thomas	O'Friel	297	Alyssa	Sigler
167	Tyler	Kondratiuk	234	Christopher	O'Gorman	298	Dean	Simon
168	Hunter	Kordzikowski	235	John	O'Toole	299	Grace	Sobel
169	Amanda	Krand	236	Jeffrey	Oakley	300	Anthony	Sosa
170	Andrew	Kret	237	James	Okun	301	Anthony	Soto
171	Wayne	Kugelmann	238	Devon	Oriundo	302	Kyle	Spangler
172	Zachary	LaCava	239	Fatima	Otarola	303	Ryan	Spano
173	Thomas	LaMalfa	240	Kelly	Otterbine	304	Matthew	Spencer
174	Kevin	Langanke	241	Kyle	Otterbine	305	Thomas	Stone
175	Alexandra	Laurance	242	Stephanie	Ozechowski	306	Hayley	Stratton
176	Riley	Lavelle	243	Madeline	Paduano	307	Adriana	Subik
177	Brianna	Lembo	244	David	Pagano	308	Clare	Supple
178	Kaden	LeTual	245	Alyssa	Pape	309	Christian	Tarantino
179	Sean	Levens	246	Emma	Pease	310	Kaitlin	Tarter
180	Elena	Lichtenstein	247	David	Pedraza	311	Miccah	Taylor
181	Gavin	Lindsay	248	Emery	Pereira	312	Thomas	Teehan
182	David	Little	249	Michael	Pezzano	313	Travis	Thompson
183	Nora	Lombardo	250	Victoria	Piacentino	314	Charles	Thumm
184	Isabella	Lopez	251	Michael	Piazza	315	Kayla	Tollefsen
185	Matthew	Lopez	252	Christopher	Pinckney	316	Robert	Tomkins
186	Gabriel	Lubrano Lavadera	253	Laura	Pisciotta	317	Olivia	Tona
187	Frederick	Luchs	254	Riley	Poss	318	Kayla	Treacy
188	Declan	MacKay	255	Lindsey	Pozai	319	Antonio	Trigg
189	Emma	MacRae	256	Anthony	Purcell	320	Cheyann	Truair
190	Matthew	Maguire	257	Michael	Puzo	321	Rashahn	Tucker
191	Sean	Mahoney	258	Charles	Quiros	322	Jada	Tulloch
192	Jake	Maida	259	Michael	Rapczynski	323	Xavier	Urena
193	Michael	Malizia	260	Jonathan	Rasnitsyn	324	Eric	Vaber
194	Michael	Manheimer	261	Christopher	Repmann	325	Isabella	Valinotti
195	Erin	Marcus	262	Taylor	Reibschied	326	Victoria	Valletutti
196	Michael	Marion	263	Katelyn	Reid	327	Raven	VanBogelen
197	Madyson	Markowski	264	Joseph	Reina	328	Noah	Van Ryck DeGroot
198	Felicia	Marks	265	Lily	Richichi	329	Luz	Vargas
199	Christopher	Mascali	266	Christopher	Richter	330	Thomas	Vasquez
200	Naomi	Mason	267	Darien	Rinn	331	Lindsay	Vigay
201	Nicholas	Matias	268	Gina	Rivera	332	Jonathan	Vitelli
202	Drew	Mattia	269	Thomas	Robins	333	Ivanna	Voloshchak
203	Jacob	Matule	270	Douglas	Rocha	334	Allison	Walch
204	Dylan	Mauro	271	Michael	Roditis	335	Richard	Wall
205	Larenz	Mayer	272	Dylan	Roettinger	336	Jacob	Wang
206	Christopher	McCarthy	273	Francesco	Romano, Jr.	337	Aiden	Warshawer
207	Sean	McCusker	274	Mark	Romano	338	Anyra	Watson
208	Mae	McEwan	275	Brooke	Rotondo	339	Frank	Wending
209	Aidan	McGivney	276	Matthew	Rozinski	340	Justin	Wenzel
210	Ethan	McGregor-Offen	277	Ryan	Rozinski	341	Cheyenne	Williams
211	Shayla	McKay	278	Shane	Rubin	342	Jefferson	Wolfrum
212	Dayani	McKittrick	279	Catherine	Russo	343	Isa	Yilmaz
213	Aiden	McManus	280	Gabriella	Ruvolo	344	Yazemin	Yilmaz
214	Robert	McVeigh	281	Julianna	Ruvolo	345	Emily	Zara
215	William	McVeigh	282	Justin	Saginer	346	Janis	Zellmer
216	Katie	Meade	283	Danica	Santiago	347	Amalia	Zigarelli
217	Corrine	Meinsen	284	Raelynn	Santoro	348	Luke	Zitzner



*A Message from the*  
**PRESIDENT**



**Middletown High School North**  
**2019-2020**



**President- Jack Costigan**  
**Vice President- Sean Mahoney**

The 2019-2020 school year will forever be known as one of the most strange, yet memorable years of our lives. I think we have all realized these past four years were not like High School Musical at all!

Despite the Covid-19 pandemic, this year was full of many wonderful moments. From a crazy North Nation every Friday, to a great night at Homecoming in the Fall, there were many things to remember from this year. We have stood strong through Virtual Instruction and the school year is soon coming to a close.

That being said, I, Jack Costigan, as well as my Vice President, Sean Mahoney, would like to congratulate the class of 2020 on completing their high school career and moving forward in life. The perseverance and integrity displayed was second to none. Whatever you plan on doing in your next step of life, I wish you the best of luck and as Abraham Lincoln once said, "Whatever you are, be a good one."

Best wishes,

Jack Costigan and Sean Mahoney



## An Interview with the Class of 2020 Valedictorian: Jada Tulloch

By The Lion's Roar Staff

The 2019-2020 school year grades have become final and the ranking of the students has now been decided. Let's give a huge congratulations to Jada Tulloch for being named Middletown High School North's Valedictorian for the class of 2020.



Below is The Lion's Roar Q&A session with Valedictorian Jada Tulloch.

**What is your GPA [Grade Point Average]?**

*My GPA is a 4.0.*

**What would you say about the classes you have taken senior year?**

*The classes I have taken senior year have reinforced my desire to pursue studies in environmental/sustainable development sciences, medicine, and social justice in the future. By taking AP Environmental I was able to gain knowledge not only about modern-day environmentalist initiatives, but also the underlying fundamental sciences that correlate to actions being taken to protect the environment. In AP Psychology I learned more about the direct relationship between mental and physical health, as well as the monumental reforms in treatment and medicine that continue to pave the way of healthcare advancement today. In AP Literature and Composition we discussed so much more than how to formulate a college-style essay. The texts we analyzed that documented influential social revolutions and movements, really inspired me to put more effort into educating myself outside of school about the pressing social injustices of contemporary society and about ways to make progressive change. These discussions of differences in people and cultures throughout history were also prevalent in my AP Spanish class. With today's social and political climate, AP Statistics was the major class I took senior year that felt most applicable to "the real world." I think it's really important for people to understand the math behind everything that*

*we read on social media or see in the news, and understand how powerful statistical significance is, when advocating for reform. Including AP Biology and AP Calculus, all of the classes I have taken senior year have been very challenging, but also extremely informative and stimulating.*

While still talking about classes I was curious to see what pushed the number one student to her limits.

**What was the hardest class you have taken over these past four years?**

*The hardest class I have taken over these past four years was AP Physics junior year. I do not have a natural 'physics brain', and initially not understanding a lot of the material was very discouraging for me. Everything felt very foreign, but after really dedicating my time to getting extra help from my teacher and talking through what I was confused about, I realized physics was only as hard as I made it.*

**So, Jada, what do you do outside of school to help you relax?**

*Outside of school, I like hiking and painting to help myself relax. Before quarantine, my friends and I would go on hikes at Holmdel Park all the time after school or on the weekend, but with the extra time I have at home now, I have been able to channel my energy and creativity into making more art.*

**If there was an official 'Jada Tulloch Dictionary' what would the word success mean?**

*If there was an official 'Jada Tulloch Dictionary' the word success would be more synonymous to resilience than prosperity. I think success is defined by a person's ability to thrive using the strength they build from overcoming the hardships and challenges they experience. Success to me is more of an accomplishment in one's personal growth, rather than a tangible trophy. True success cannot be put on display.*

**Who was your favorite teacher?**

*Although I have had many great teachers who have had a lasting impact on me in different ways, I especially appreciate Mrs. Price for always supporting me and encouraging me to be the best version of myself. She is such a wonderful teacher and I am so grateful to have had the invaluable experience of being one of her students. I had Mrs. Price for Intro to Med Lab, Forensic Science, and Anatomy, and her classes and what she has taught me have reinforced my drive to pursue a career in the medical field. Aside from the many intricacies of the cardiovascular system, I have also learned from her how to be confident in my abilities. Her selflessness and passion for educating have always inspired me and will surely continue to motivate me far beyond high school. She is not only one of my favorite teachers, but one of my favorite people.*

**What was the most embarrassing moment of your high school career?**

*I think one of the most embarrassing moments of my high school career was when I ran in the freshman 400 during the Lion Invitational. I came in last and tripped at the end in front of hundreds of people and it was a very humbling experience. Despite being painfully unathletic, I continued to do track for the years following just to prove to myself that I could survive each season. This stubbornness resulted in many other embarrassing moments similar to this one.*

**Tell me your best joke?**

*To pay homage to freshman year World Literature:*

*Who does Polyphemus hate more than Odysseus?*

*Nobody.*

Teachers  
make a  
difference

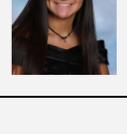
"Teachers who love  
teaching, teach children  
to love learning."

My Favorite  
TEACHER

the  
INFLUENCE  
of a good  
TEACHER  
can never be  
ERASED

"If you can  
read this thank  
a teacher."  
—Harry S. Truman

WHO WAS YOUR FAVORITE TEACHER AND WHY?

	<p>Jack Costigan says...Mr. Milnes is my favorite teacher at Middletown North because of his extreme enthusiasm and love for the subject in which he is teaching. His experience in aviation through the Coast Guard really makes his class more interesting and fun to be in. Thank you for inspiring me.</p>
	<p>Christian Iosue says...Mr. Laskowitz is one of my favorite teachers because we just clicked right from the beginning. I always had a blast in his class and there are secret codes that have been installed throughout his room that indicated our friendship. He made history fun and I am thankful I have had the opportunity to get to know him.</p>
	<p>Madyson Einhorn says...Mrs. Knight-Rath because for four years she has been a mentor, teacher and friend. She is always passionate about what she teaches and always had such a positive influence on me. It truly hurts to say goodbye and I will continue to stay in touch.</p>
	<p>Andrew Kret says...My favorite teacher is Mr. Kalman because he has always been a positive role model during my time at MHSN. Even through the virtual classroom, he consistently checked in on me to make sure I was ok. I promise I will make you proud!</p>
	<p>Lily Richichi says...My favorite teacher is Mr. Peter Isherwood. Thank you for always being someone I could look up to! I will never forget the memories I have from choir and the shows. Thank you for pushing me to be the best I can be and for being a role model.</p>
	<p>Micahela Foley says...Mr. Scala is my favorite teacher at Middletown North. He has always found a way to make everyone laugh and involved in our community. Mr. Scala has always encouraged me to try my best in everything I pursue. He has always listened and supported me. Mr. Scala is one of the many people who have made my high school career so memorable. Thank you for being such an amazing teacher and mentor.</p>
	<p>Patrick Burdzy says...Mrs. Hill because she was not only a teacher, but a mentor and friend to me. She has always served as a voice of inspiration and a shoulder to cry on. I hope you know that I would not be the person I am today without you. Thank you!</p>
	<p>Emily Calabro says...My favorite teacher would have to be either Mr. Foulks or Mrs. Teehan. Both teachers are so passionate about their work and want their students to do well. They knew their classes were hard yet worked with us to make it as fun as possible. They both inspire me to work towards a career in the STEM field. I appreciate every moment I have had in their classes and will miss the both so much next year!</p>
	<p>Andrew Medici says...My favorite teacher is Mrs. Pearson for her desire to push me to be my best. She helped me realize what direction I wanted to go and what major I wanted to pursue. Thank you for all the volunteer hours you provided also!</p>
	<p>Anna DiBrita says...I don't have a favorite teacher. Some notable teachers that I have great respect for and that have helped me consistently along my 4 years, and have always been open-minded with my concerns and opinions are Mr. Scala, Mrs. VanEtten, Mrs. Hill, Mrs. Coulson, Mrs. Teehan, Mrs. Vandecreek and Mrs. Price.</p>
	<p>Brayden Gazette says...My favorite teacher is Mr. Felegy. He is the coolest teacher I ever met and made class entertaining and relatable. He made economics fun and enjoyable. Thank you for being a positive influence and supporting my aspirations.</p>
	<p>Devon Oriundo says...Mrs. VanEtten is my favorite teacher because she made my experience at MHSN unforgettable. Not only did you teach me World Literature, but you taught me life lessons as well. Thank you for being the best teacher ever.</p>

These twelve seniors above were asked to choose one of their favorite Middletown High School North teachers and explain briefly why they chose that educator.

2020

SENIOR SPOTLIGHT  
Collegiate Bound Athletes

**Peter Abbes**



**Embry-Riddle  
Aeronautical University**

**Peter Angelucci**



**Moravian College**

**Mia Botti**



**Santa Barbara  
City College**

**Olivia Cerbo**



**St. Thomas Aquinas  
College**

**Matthew Conway**



**College of  
The Holy Cross**

**Shane Doyle**



**Alvernia University**

**Natalie Heim**



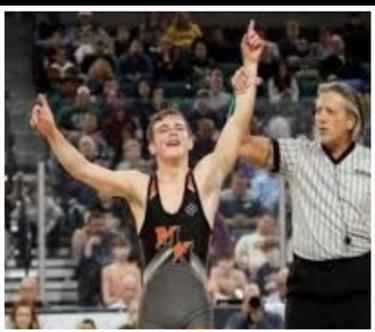
**Seton Hall University**

**Robert Kelly**



**Wesleyan University**

**Tyler Klinsky**



**Rider University**

**Andrew Kret**



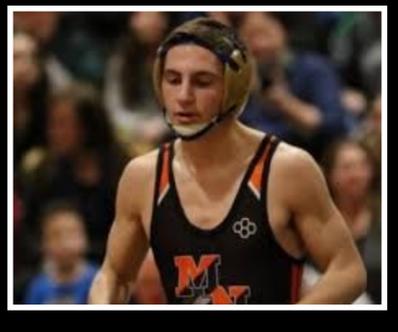
**Stockton University**

**Kaden LeTual**



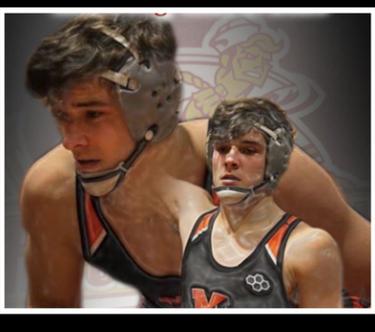
**Albright College**

**Fred Luchs**



**Rhode Island College**

**Chris McCarthy**



**Rhode Island College**

**KC O'Brien**



**Rider University**

**Thomas O'Friel**



**Stockton University**

**Thomas O'Keefe**



**Washington and Lee  
University**

**Michael Puzo**



**Felician College**

**Katelyn Reid**



**University of Connecticut**

**Lily Richichi**



**Shenandoah University**

**Ryan Rozinski**



**Mercy College**

**Justin Saginor**



**Stockton University**

**Anthony Sclafani**



**Stockton University**

**Joseph Sclafani**



**Stockton University**

**Alyssa Sigler**



**Brookdale Community College**

**Anthony Soto**



**Albright College**

**Matthew Spencer**



**William Paterson University**

**Richard Wall**



**Alvernia University**

**Isa Yilmaz**



**Stevens Institute of Technology**

**Congratulations to the 2020 MHSN Student Athletes**



# Year in Review



## 2020 Hall of Fame Class Announced

By The Lion's Roar Staff

The Middletown High School North Hall of Fame Committee has announced the selection of the 2020 Hall of Fame class. The seventeen member committee narrowed their final list to twenty six before casting their final votes for this year's inductees. In order to be inducted, nominees must receive a 75% "yes" vote by the committee. This year's group features some very talented Middletown North and Middletown Township High School athletes that have left their impact on the Middletown community. The 2020 class features twelve selections and the Distinguished Alumni Award winner that will be recognized during the Hall of Fame Ceremony during the Fall at Middletown High School North.

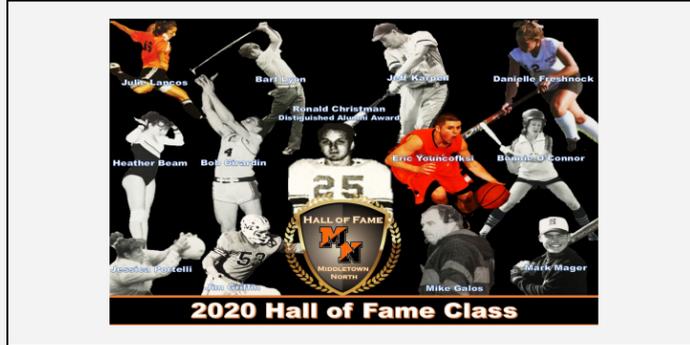
This year's inductees are as follows:

### Heather Beam (1992)

One of the most decorated gymnasts in MHSN history, Heather was a three time All-Shore selection (1988-1990), including being selected as a 1st Team choice her sophomore year and 2nd Team All-Shore as a freshman and junior.

### Danielle Freshnock (2010)

Danielle was recognized as an All-Shore selection in Field Hockey and also was a member of the 2006 State Championship team. For her career, she had 74 goals and 49 assists for 197 points.



### Mike Galos (1988-1999)

Mike Galos garnered 53 wins as the Head Football Coach of the Lions. This still ranks him as the third winningest coach in over 100 seasons on the gridiron for the Orange and Black.

### Bob Girardin (1963)

Bob Girardin's emergence as one of the best players in the Shore coincided with the Lions returning to a basketball status they had not exhibited since 1957. His 37 points against Lakewood stood as a school record for 54 years until current Lion ace, Rob Higgins, notched 41 points against Middletown South in 2017!

### Jim Griffin (1965)

In 1964, Griffin was one of the outstanding performers as Coach Dick Kleva's football team finished undefeated and finished ranked 4th in the state. In baseball, he was one of the leading hitters and paced the orange and black to a 17-3 mark, the best ever recorded in school history at that time.

### Jeff Karpell (1995)

Jeff was a 1995 graduate who played under legendary coach Rich Veth. He holds the school's career batting average record of .455 and went on to star for Fairleigh Dickinson at the collegiate level.

### Julie Lanco (2008)

One of the few athletes to be recognized as a 4-time APP All-Shore Selection, Lanco was a member of the state champion 2005 soccer team under Coach Nagy. Julie was recognized by the US Soccer Team and was named 2006 Asbury Park Press Player of the Year.

### Bart Lyon (1973)

Bart Lyon has fired some sensational rounds in his four-year golf career, including 63 at Tomahawk, 66 at Beacon Hill, 68 at Jumping Brook and 69 at Asbury Park Golf and Country

Club. He was the Lions' first-ever individual state champion!

### Mark Mager (1998)

Mager was a two-time MVP (1997-1998), was undefeated (14-0) as a pitcher and holds virtually every batting record. He still holds the record for Career Hits (127), Runs (97), Doubles (31), Triples (7), RBI (74) and At Bats (284).

### Bonnie O'Connor (1977)

O'Connor was a standout softball player during the 1976 and 1977 seasons. She earned All-Shore recognition her junior and senior season and lettered in four sports.

### Jessica Portelli Gavini (1993)

Gavini was a 4-year starter for the Lions Girls Soccer team. She holds the record for the most shutouts in a single season with 14 in 1992 when the team went undefeated with a 19-0 record.

### Eric Youncofski (2012)

Yuncofski was captain and point guard for the 2012 NJSIAA State Championship basketball team. He was recognized as a two-time All-Shore and All-Division selection.

### Distinguished Alumni Award:

#### Ronald Christman (1955)

As an athlete, Christman lettered in football, baseball, basketball and track. He was a member of the 1952 Shore Conference Championship football team that went 9-0 on the season while outscoring opponents 196-33. Ronald was Leonardo's top pole vaulter and held three track records until the 1980's. After graduation, Ronald enlisted in the United States Army and served proudly during the Korean War.



## North Ice Hockey Advances to Second Round in State Playoffs

By Frankie Wendling



The Middletown North ice hockey team beat Vernon 6-0 on Tuesday, February 25, 2020, and advanced into round 2 of NJSIAA Boys Ice Hockey Public C Championships.

In the first period, the Lions struck early with an aggressive offense and it worked in the favor of the team. Vernon's goalie gave up a lot of rebounds which allowed the Lions to strike. John Betz (10) ended up scoring in the first period off of a rebound from Aidan Cook's (11) shot.

In the second period, the Lions came out even more determined. The offense put a lot of pressure on Vernon which caused the defense to turn over possession and the Lions cashed in. Aidan Cook scored off of a drop pass by Frankie Wendling (12). This goal was followed by another from John Miranda (11) and the second period ended with the Lions leading 3-0.

In the third period, Middletown North showed no mercy and kept the pressure up to finally put Vernon away and win the game. Jesse Dickinson (11) scored on a two-on-one assisted by Larry Gearl (12) in the middle of the third period. Shortly after, an incredible backdoor goal was scored by Gearl and assisted by Wendling. Lastly, Miranda finished Vernon High School with a snipe that bounced off the post and in from the hash marks.

The Lions won the game 6-0 and advanced to the next round to face third seed Ramsey High School on Friday, February 28 where they succumbed 2-1. The team had a strong season and North Nation thanks the players for all the excitement!



## Swim Teams Hit the Pool

By Michaela Foley and Katie Cofone

Beginning the week of November 11, Middletown North Swim Teams were hard at work preparing for the season.

The boys and girls teams were comprised of students from every grade including 13 seniors. The seniors on the girls team included Katie Cofone, Natalie Heim, Amanda Krand, Alyssa Pape, Gina Rivera, and Lauren Sherlock. For the boys, there were seniors James Booth, Jared Chan, Cameron Craig, Ryan Fisher, Colby Higgins, Kevin Langanke, and Ryan Spano.

The Lion's Roar had an opportunity to sit down and talk with Varsity Senior Natalie Heim about what her hopes were for the 2019-2020 swim season. In response, Heim said, "I am super excited for this season because the team has been working really hard so far and this year we have a lot of new faces on the team. I hope to see a lot of personal records this year along with more qualifiers for the shore conference." Heim, who was voted by NJ.com as one of New Jersey's Top Swimmers, was looking to build on her success from last year. During the 2018-19 campaign, Heim flourished in both sprints and distance in freestyle, accumulating victories in the 100 and 500 free. Heim also won in the 50 and 200 free, 200 IM and 100 fly.

Both teams practiced at the Raritan Bay YMCA in Perth Amboy. The boys team was under the direction and supervision of Mr. Kyle Clayton and the girls team was coached by Ms. Meghan Ghaffari.



Senior Natalie Heim was also recognized for helping her club team win the 2019 YMCA Long Course National Championship.



## Success at State Meet

By Olivia Kelty

Middletown North competed at the NJSIAA Central Groups 2 and 3 Sectional Championships. This is a meet that athletes train for all season.

There are three major state meets at the end of the season, Sectionals, Groups and Meet of Champions. In order to advance to Groups, athletes must place in the top six of their section. Several of North's athletes met this requirement.

On the girls' team, Katelyn Reid (12) found herself at Groups for two events, the 55-meter hurdles and high jump, where she secured the school record. Hailey Guerrieri (10) also placed fourth in the high jump and jumped a personal best.

"I was so excited. Katelyn and I have been working hard all season and I was so happy to see that we both made it."

Rett Schnoor (11) placed third in the 55-meter dash. This was her first year at Middletown North, as well as her first year on the track team. She has been widely successful in such a short period of time. Jada McKnight (10) and Kassidy Wilson (10) placed fifth and sixth respectively in shot put both throwing season bests.

On the boys' side, Isa Yilmaz (12) ran a personal best and placed second in the 800. The boys 4x400 placed fourth. This team consisted of KC O'Brien (12), Isa Yilmaz, Matt Conway (12) and Anthony Sclafani (12).

In the field, Joey Kang (11) placed sixth in the pole vault. Adam Ibramovic (11) also placed fifth in shot put.

Both teams were met with great success this year and hope to build upon this success next year. The seniors will be missed!



Many records were broken this year and both boys and girls earned their names on the State Sectional Championship Banners.

# Principal's Message



## **Dr. Patricia Vari-Cartier's Final Message for the 2019-2020 school year**

*Our slogan for the 2019-2020 school year was "All In, All the Time, All Together." The Midd North Nation certainly lived up to that expectation as a visible presence at many of our athletic and co-curricular events. However, once we began Virtual Instruction in March, our slogan changed to "All Out, All the Time, All Together." It has been very gratifying to me that many of you have remained connected with your teachers, classmates, coaches and club advisors with Google Hangouts and Zoom Meetings. Hopefully, you will maintain the relationships you made at HS North when you pursue your post-secondary plans in September.*

*Wishing you health, happiness and success.*

*Dr. Patricia Vari-Cartier*



## Four-Time District Champion Klinsky Joins Elite Group

By Lion's Roar Staff

On February 22, 2020, Tyler Klinsky headed into the District XXII Wrestling Tournament with the pressure of capping a perfect run during his high school career. Klinsky was looking to achieve his fourth consecutive District XXII title starting from his freshman year in 2017. Klinsky was looking to join an elite group that have accomplished the feat. It has only been accomplished twice in school history behind Middletown High School North Hall of Famers Mike Florio, Jr (1993-1996) and John Hockin (1997-2000).

Although a heavy favorite to accomplish the task, Tyler was not taking the opportunity lightly, as his approach and preparation did not alter. With a packed house at The Lion's Den, the 113 lb Klinsky was able to earn his fourth District XXII Title with a strong performance in the tournament.

The MHSN senior pinned Ibrahim Kermen of Westampton Technical High School's in 1:17 during the semifinals and cruised past Vincent Principe of Christian Brothers Academy by a score of 23-8 technical fall. Klinsky's dominant performance earned him the District XXII Tournament's Outstanding Wrestler Award. Klinsky was extremely excited to be able to win the title at his own high school:

"To be able to win this in front of my family, friends and everyone in the town that comes to support Middletown North wrestling, feels great," Klinsky said. "It adds more to my legacy here. Hopefully when people think about Middletown North wrestling, they think about my name and the legacy I left."



Klinsky advanced to the Regional Tournament with a record of 40-1 on the season.

Head Coach Matt Sirchio says the success of Tyler coming up is only a small part of what he has meant to the Middletown High School North Lions Wrestling program:

"Tyler exemplifies what Middletown North wrestling is all about. He leads by example, on and off the mat." Klinsky used last year's tough loss in the state tournament to motivate him.

"I'm a little bit more driven this year to punch through and finish on top," Klinsky said. "It's all mental at this point. Everyone has put in the work and everyone has worked hard." Good Luck in the future Tyler! The entire Middletown community is behind you.



Tyler Klinsky and Coach Matt Sirchio were both honored at the District XXII Tournament.



## Boys Basketball Holds Annual Senior Night

By Vincent Pennino

On February 13, the Middletown North Boys Basketball Team held its annual Senior Night. The team played the visiting Red Bank Regional High School in a close game that ended with a Lions victory and a final score of 61-58 in overtime.

Matt Spencer has been a part of the boys basketball program since freshman year. He has been a great leader to all the underclassmen and has served as a role model to his teammates. Spencer has played a large role in this program and has been known to leave it all on the court. On Senior Night, Spencer came up big for the Lions. The senior led the team with a season-high 29 points.

"It felt great to do that on senior night in front of all my friends and family," Spencer stated in an interview with The Lion's Roar. Spencer has learned a lot during his time at Middletown North. "I met a lot of friends through the program and had a lot of fun."

Spencer will be continuing his academics and athletics at William Paterson University where he will study Physical Education. He is also set to be part of the school's football team. It was a pleasure to watch Matt Spencer play basketball. Best of luck in college



## Katelyn Reid Commits to UConn

By Michael Murphy

One of Middletown North's most successful athletes has finally decided where she wants to continue both her academic and athletic career. Katelyn Reid (12), a member of both the Varsity Soccer and Track and Field Programs, has decided to continue her track and field career at the University of Connecticut.

In Track and Field, Katelyn's top event is the high hurdles, specifically the 55 hurdles. "Winning Monmouth County, Shore Conference, and state sectional titles in the 55-meter hurdles has helped me to gain more confidence and like the event more," she stated in an interview with The Lion's Roar.

Not all her track success comes from running events. Much of it is also displayed in field events such as the long jump and the high jump. During the outdoor season of her junior year, she won both the 100 meter hurdle and high jump on the same day. "Winning two sectional titles on the same day is something that I will remember for the rest of my life. I was very proud of myself when I accomplished this."

Reid won the 55 hurdles at both the Monmouth County and Shore Conference. In the field, she placed first in the high jump at the Shore Conference Tournament (tying the school record of 5'4) and long jump at the Varsity Classic, where she also beat the triple-jump school record. Katelyn also broke her own record in the Shuttle Hurdle Relay alongside her teammates Olivia Kelly (11), Hailey Guerrieri (10), and Katie Mayhew (10).

The University of Connecticut is a highly competitive school with a talented Track and Field program, something that Katelyn fell in love with.

"The second that I stepped foot onto UCONN's campus I fell in love. I immediately knew that this was the college that I wanted to go to. UCONN has everything that I had ever dreamed about a college having, every single one of my boxes has been checked off and I am beyond excited to be a student-athlete there."



Photo courtesy of NJ.com.



## 2019 Bonfire Lights Things Up

By Lion's Roar Staff

To help get fans "FIRED" up for the Thanksgiving Day football game at The Swamp, the Middletown North Student Government hosted a special community bonfire gathering Tuesday November 26 beginning from 6:15-7:30 PM at Middletown High School North.

During the time period prior to the ceremony, food services, music, guided tours and a pep rally were held at Arnie Truex Field.

The Middletown North Lions football team, coaches, alumni, band and cheerleaders all were in appearance, along with members from all of the fall athletic teams. Fans had the opportunity to purchase apparel at the event, including t-shirts, towels and other items, as well as tickets for the rivalry game.

Admission was free and the event was open to the public. Fans had an opportunity to meet with the players following the bonfire ceremony.



## Winter Concert Spreads the Holiday Spirit

By Paul Reinhold

On December 17, music teachers Mr. Isherwood and Mrs. Lyon came together for their annual Winter Choral Concert.

Students performed songs consisting of Christmas music and other winter tunes. The choir performed various pieces under the direction of Mr. Isherwood. The band delivered songs including "The Night Before Christmas", which consists of live narration, as well as "Sleigh Ride", a crowd favorite that is included every year. The band was directed by Mrs. Lyon.

The winter concert doesn't just consist of the band and choir. Mr. Isherwood also conducts an extracurricular A cappella program. This is a group that is made up only of singers. No instrumentalists are part of this group.

The stage was covered with Christmas decorations and beautiful mums and was lit up by Christmas lights. It was surely a night of fun!



## The Giving Tree At Middletown North

By Olivia Kilty

Middletown North students joined together to help the people less fortunate than themselves. With the weather changing quickly, many people were not able to afford warm winter clothes and accessories such as hats and scarves. This led to the creation of the Middletown North Giving Tree.

The Middletown North Giving Tree was a new fundraiser this year through which the school collected new hats, socks and/or gloves which were donated to St. John's Soup Kitchen on Christmas Eve.

The Lion's Roar spoke with Darien Rinn (12) who was involved in the creation of this program.

When asked what made her come up with this idea, she responded, "Sean Mahoney and his family go to St. John's Soup Kitchen in Newark every year on Christmas Eve to help out and asked me if I wanted to go. Unfortunately, I couldn't make it this year so I thought about what I could do from home. I decided to come up with a clothing drive for specific items that aren't commonly donated, such as hats, socks and gloves."

Student-created clubs and fundraisers are very popular at MHSN but a lot of students often do not know where to go to make their ideas become reality.

"Mrs. Krol, my Civic Leadership teacher, and Mrs. Mahoney, Sean's mom, helped me organize the tree and get the word out," Rinn stated.

After the first week of the fundraiser, The Lion's Roar wanted to know what Darien thought about the results.

"So far a lot of people have donated hats, gloves and socks so I would say it has already been successful!"

The tree was located outside of the main office. All were involved in helping to make Christmas special for others this year.

***"Giving is not just about donating. It is about making a difference."***



## Randy Kalman 2019-20 MHSN Teacher of the Year!

By Lion's Roar Staff

Middletown High School North named Science teacher and coach Randy Kalman as the 2019-2020 Teacher of the Year. Mr. Kalman has made a positive impact on the students in the Visions program as a coach and a mentor. His positive attitude has contributed to his popularity among the student body at Middletown North. For the past two school years, Mr. Kalman has served as the advisor to the MHSN Science Honor Society and has supervised his students in cleaning up the courtyard and construction of the koi pond. Mr. Kalman has been an integral part implementing the greenhouse, campus courtyards and the beautification project in the front of Middletown High School North.

Mr. Kalman is always willing to lend a helping hand to his colleagues as well. Mr. Kalman has been a varsity assistant football coach for the Lions program for the past five seasons and also has served as a Track and field coach. Over the past few years, Coach Kalman has developed a positive rapport with his students and staff members.



In addition to his outgoing personality, Mr. Kalman has demonstrated many strengths that have made him an asset to the MHSN community. His flexibility, leadership skills, a calm demeanor and the ability to multitask has served as an inspiration to his students. Students have stated that Mr. Kalman makes students feel welcomed and comfortable with a sense of belonging. His ability to relate well with his students and athletes is second to none. The Middletown High School North community would like to congratulate Mr. Kalman on being recognized as the 2019-2020 Teacher of the Year.

**2019 GOALS**

- \* \$109,000
- \* 900 walkers
- \* 16,000 lbs. peanut butter, rice & beans

**ENDING HUNGER ONE STEP AT A TIME**  
Red Bank CROP Walk

**STEPPING UP TO END HUNGER**  
Sunday Oct. 20, 2019

**Red Bank Crop Hunger Walk 2019**  
By Erin Zabriskie

RED BANK-On Sunday, October 20, 2019 citizens from various communities in New Jersey walked for five miles through Red Bank, Little Silver and Fair Haven in an effort to end hunger. The event began at Red Bank Regional High School at 2 PM and there was live music from “The Wag Band,” as well as water stops and refreshments along the way.

The CROP Walk tradition began approximately fifty years ago in 1969 in Bismarck, North Dakota. Thousands of people raised \$25,000 to help fight hunger in their area. Now, Red Bank and its surrounding communities continue the tradition of the annual walk to raise money to help combat hunger locally. According to the Red Bank CROP Hunger Walk website, they’ve collectively raised \$100,000 in funds each year since 2000. Twenty five percent of the money raised is returned to fighting hunger in local communities and the rest of the money is donated to the Church World Service who works to fight hunger globally.

Currently, there are fifteen local partner programs that sponsor this walk, including Lunch Break, AACC Local Food Pantry and Bayshore Lunch Program. Additionally, participants can donate and raise money online to help support their cause. Another way people can help support this cause is by donating non-perishable food items such as rice, peanut butter, and beans to the food collections located at the start and finish of the walk.

Many came out to support the cause and the Red Bank Crop Walk was largely successful in its endeavor to fight hunger.



Photos courtesy of [www.redbankcropwalk.com](http://www.redbankcropwalk.com).



**Week of Respect 2019**  
By Aimee Meola

*“The Anti-Bullying Bill of Rights Act (P.K.2010, c.122) requires that the week beginning with the first Monday in October of each year be designated as the Week of Respect in New Jersey. School districts observe this week by providing age-appropriate instruction focusing on preventing/remediating harassment, intimidation, and/or bullying.”*

The idea behind the Week of Respect is to team up against bullying and show pride in your school and community. Every school community celebrates this week in their own way.

In an article published by NJherald.com the author mentioned that “when students are part of the planning process it helps get the message out.” Everyone can help put disrespect to rest by getting friends and family involved in the fight against bullying.

At Middletown High School North, a new theme is chosen each day of the week. Students and staff kicked off respect week by wearing blue to BlueUp Bullying. Tuesday was PJ Day and disrespect was “put to rest.” On Thursday everyone wore jerseys to “team up against bullying.” The week concluded with “LION PRIDE” and the colors black and orange filled the hallways as everyone showed off their school spirit!

Students and staff showed their support by participating in these spirit days and coming together in the fight against bullying!

“In a world where you can be anything, be kind.”



Photo courtesy of @MNCivicLeaders.



**Barnes & Noble Hosts MHSN Alumni Sarah Curtis Book Signing**  
By Anna DiBrita

On Saturday, February 22, 2020 Barnes and Noble of Holmdel hosted Middletown North alumni author Sarah Curtis. Sarah has just released her third book *Raindrops: A Book of Poems*. Curtis’ first book *Silent Silhouettes* and a direct continuation of the first book, *A Second Silence*, have gained positive feedback over the past few years.

Curtis self-published her own book that she began writing when she was only 14-years-old. The original story is about a boy who moves into a haunted house and discovers that there is a girl who is alive but has been trapped in a ghost world for about 100 years.

In doing all of the editing and layout herself, Sarah was able to create these three books on her own. Her brother, Alfredo, took the picture for the first cover and drew the picture for the second. We asked Sarah to explain how the book was created. “It started as a school project in the 8th grade, but upon receiving the first draft back, my teacher said it would make a great novel. I decided to continue writing the book.” This young author is a perfect example that you can accomplish anything if you put time and thought into it. Sarah Curtis has been an inspiration to the Middletown High School North Community.



Sarah Curtis has been recognized for her two previously published books at Barnes and Noble.



# Looking



# BACK

# 25 Years Ago

## 1995 - 2020

	1995	Category	2020	
	"Gangsta's Paradise" By Coolio Featuring L.V	#1 Song on Billboard Top 100	"Savage" By Megan The Stallion	
	Batman Forever	#1 Grossing Box Office Movie	Bad Boys For Life	
	Bill Clinton	President of the United States	Donald J. Trump	
	\$1.15	Price of Gasoline (per gallon)	\$2.63	
	\$4.25	Minimum Wage (in NJ)	\$11.00	
	Beanie Babies	Popular Toy	LOL Lovers	
	Mortal Kombat III	Popular Video Game	Call of Duty: Warzone	
	The Playstation Console	Popular Technology	Bose Audi Sunglasses	
	Ford Taurus	Popular Car	Honda Accord	
	Alan M. Feuer	Middletown North Principal	Dr. Patricia Vari-Cartier	